

August 2014 Breakfast



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			12 days = \$ 21.60		1	2
3	4	5	6	7	8	9
10	11	12	13	14 Assorted Cereals Mixed Fruit	15 Pancakes Applesauce	16
17	18 Assorted Cereals Mandarin Oranges	19 Cheese Omelet Peaches	20 Pancake & Sausage Bites Pears	21 Mini Waffles Pineapple	22 Muffin Mixed Fruit	23
24	25 Assorted Cereals Pears	26 French Toast Applesauce	27 Breakfast Cookie Peaches	28 Egg & Cheese Sunrise Twist Mandarin Oranges	29 Banana Bread Squares Pineapple	30
31	CHECK FOR SEPTEMBER MENUS ON WEBSITE LATER THIS MONTH					

All meals are subject to change

Cereal, yogurt and fruit are served everyday.

Choice of milks and juices are offered daily.

High School Breakfast :
Features a fresh fruit or 100% juice, carton of milk, WG pop tarts, or cereal. Student must have three items to count as a meal. A la carte items are also available for students with money in their accounts and approval for a la carte items.

New USDA Nutrition Standards Implementation of The Healthy Hunger Free Kids Act's new nutrition standards begins this year. Your school meal program was already in compliance with most of the new requirements including fruit and vegetable servings and fat limits. We have adjusted our menus to offer the required whole-grain -rich foods, and to stay within the minimum and maximum number of grain and bread servings allowed per day and week.